

BEAUTY SLEEP

DREAM WEAVER

The ultimate luxury in DC? Sleep. That's why **The Ritz-Carlton, Tysons Corner** (ritzcarlton.com) and **The Hay-Adams** (hayadams.com) are launching packages centered on restorative relaxation. The former introduces its Sleep Sanctuary Experience (\$599 to \$6,999), designed for the hotel by Longeva. "Our philosophy is to provide guests with nurturing experiences that resonate," says the group's managing director, Robert Michael deStefano. This turndown service includes clinically studied sleep-inducing music and calming botanical products, and it debuts alongside the Sleep Ritual massage at The Spa. (A take-home Dream Kit with a *Sleep Ritual* guide is also included.) "It's perfect for weary travelers, overworked high-achievers, wellness enthusiasts and more," adds Jon Chocklett, the hotel's director of sales and marketing. At The